

## Acerola

Pronounced as a-sir-rola

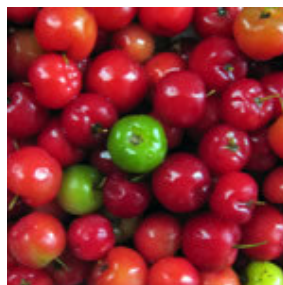
- One of the richest known natural sources of Vitamin C
- Excellent source of powerful antioxidants
- Rich in protein and mineral salts - principally iron, calcium and phosphorus
- Delicate flavour, with apple notes
- An ideal source of nutrients necessary for immune support
- A natural ingredient used for detoxification

What better way to boost your immune system than with this 100% natural cherry-like fruit from Brazil. Acerola is fast becoming the healthy and natural option for people seeking to obtain their daily supply of vitamin C, as well as other vitamins and minerals necessary to keep their immune system working in peak condition.

The bright-red fruit of the Acerola Cherry tree (*Malpighia puniceifolia* L) is one of the richest known natural sources of vitamin C. Whilst a peeled orange typically contains approximately 0.05% vitamin C, Acerola can contain up to 4.5%. Acerola also provides twice as much magnesium, pantothenic acid, and potassium as oranges. And it doesn't stop there! Acerola contains the synergistic bioflavonoids - rutin and hesperidin, carotenoids, and other vitamins, minerals and phytonutrients, making it an ideal natural source of nutrients necessary for immune system support. Aside from being an excellent source of powerful [antioxidants](#), Acerola cherries are also rich in protein and mineral salts - principally iron, calcium and phosphorus.

Acerola has long been consumed in Brazil as a health tonic, and as an enjoyable and refreshing natural drink. In fact acerola juice is as common in Brazil as orange juice is in the rest of the world. Traditionally acerola has been consumed in Brazil as a natural remedy for fever and dysentery, as well as being used as an anti-inflammatory, astringent, diuretic, arterial stimulant for the liver and renal systems, and as a heart tonic. It is employed as a natural aid for anemia, diabetes, high cholesterol, liver problems, fungal infections, rheumatism and tuberculosis.

Many Scientists including Linus Pauling (2 times Nobel Prize winner) have claimed that vitamin C is the key to long and healthy life. Dr. Matthias Rath claims that adequate Vitamin C can help prevent cholesterol build up and arteriosclerosis as well as being a preventative measure against heart attacks and strokes.



**Thank you for your business!**

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